# Rehabilitation

California Department of Corrections and Rehabilitation (CDCR), Division of Rehabilitative Programs (DRP)

Millicent Tidwell, Director

# **Medi-Cal Marking Campaign:**



On January 1, 2014, the State of California expanded Medi-Cal eligibility criteria for participation in the Affordable Care Act. Many California residents may now be eligible for Medi-Cal healthcare services.

Rehabilitative The Division Programs (DRP) has been assisting the Division of Adult Parole Operations (DAPO) in its mission to identify and assist uninsured eligible parolees obtain Medi-Cal coverage. Marketing and outreach products have been developed by an inter-division team including DAPO's Robert Storms, Rebecca Spencer, Angela Wilson and Lisa Heintz; and DRP's Kevin Wortell, Thomas Powers, Jim Allen, Robert Logan, Elvira Diaz, Ryan Welch, Nic Solberg, Richelle Garcia and Bob Nickerson.

The poster above (reduced scale from 18" X 24") and similar flyer are being distributed to parole offices, parolee outpatient clinics, and contracted service provider locations throughout the state. Click here to learn more and download the poster.

Newsletter Readers: Click on article words in blue font to learn more!

# **CTE Training Gets 'Greener'**

Career Technical Education (CTE) will offer training on green equipment in core competencies at adult institutions throughout the state this fall. Green technologies, introduced in Reentry Hub facilities last fall, quickly became popular with inmates. Additional adult institutions are currently receiving new equipment that complies with Leadership in Energy and Environmental Design (LEED <sup>®</sup>) building requirements. This brings the total number of CDCR adult institutions offering green training to 33.



"This represents another milestone that puts CDCR in the forefront of career technical training for inmates. Not only do we want our inmate students to master these building trades, but we want to empower them to be competitive in the employment marketplace upon release. This will help them successfully reintegrate into the outside community and reduce recidivism," stated Brantley Choate, Superintendent, Office of Correctional Education (OCE).

Instructors in Building Maintenance, Electronics, Electrical, Heating Ventilation and Air Conditioning, and Plumbing programs will be trained in August on the new **green** equipment and related technologies. Construction trade teachers will use Lab-Volt equipment for Rigging, Solar Heat and Photovoltaic, Wind Powered Generator, Building Energy Management, Basic Refrigeration, Residential or Remote Switching, Geothermal and Electric Heat techniques.

Please contact Mike Valdez, Supervisor, OCE Career Technical Education, michael.valdez@cdcr.ca.gov

# CAC's SAT Provider Fair

by Debbie Myers, Resource Development

On June 25, 2014, California City Correctional Facility (CAC) held its inaugural Substance Abuse Treatment (SAT) Provider Fair, attended by 88 inmates and 20 staff members. The Los Angeles County Probation Department and Substance Abuse Services Coordinating Agency (SASCA) providers Westcare and Healthright 360 presented information regarding services and support available to enable participants' successful reentry upon release.

91 inmates are currently enrolled in this evidence-based SAT program which combines substance abuse and cognitive behavioral treatment programs. Participants completing the 150-day program receive milestone credits, and placement into community-based substance abuse programs upon release.

David B. Long, CAC Warden (A), stated, "Our first Provider Fair for CAC's initial SAT program went extremely well. The inmates were pleased and had a number of questions answered."

Please contact Lt. Matt Palmer, Public Information Officer, matt.palmer2@cdcr.ca.gov



Please submit any stories or comments to rehab.today@cdcr.ca.gov

# Today

The right inmate in the right program at the right time:

# **Academic Programs**

Increase inmate reading levels to minimum 9th grade level and achieve a GED or high school diploma. Access to college courses also available

#### **California Identification Card**

Assists in obtaining state-issued I.D. cards used to secure employment, housing, bank accounts, travel, and more

#### **Career Technical Education**

Prepares inmates for viable vocational career paths upon release by training to industry certification levels

## **Cognitive Behavioral Treatment**

Provides evidence-based treatment for Substance Abuse, Anger Management, Family Relationships and Criminal Thinking

## **Long Term Offender Program**

Provides evidenced-based treatment programming in criminogenic behavior to inmates serving long-term sentences

## **Offender Mentor Certification**

Trains and certifies long-term inmates as interns to assist as mentors in various substance abuse treatment programs

#### **Pre-Employment Transition**

Provides job readiness skills including job search, resume, interviewing, financial skills, access to career centers

#### **Reentry Hubs**

Provide relevant training and services to eligible and interested inmates within 4 years of release

## **Step-Down Program**

Provides alternatives to criminal gang lifestyle to reduce confinement in Security Housing Units (SHU)



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# **OCE Launches Training:**

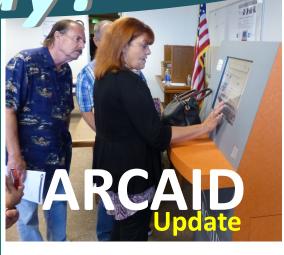
Huge Numbers of Teachers Go Back to School to Improve Inmate Reading Levels

The Office of Correctional Education (OCE) has implemented training of institutional academic teachers to support two objectives spearheaded by its educational advisory group. The Academic Education Leadership Council, composed of a CDCR Principal, Vice-Principal and eight teachers, identifies opportunities to improve the quality of adult education provided to inmates. New curricula focused on the adult learner and techniques that empower teachers to effectively use this approach are being introduced in adult institutions this fall.

327 teachers and academic supervisors attended 2-day workshops held throughout the state in July to learn about CDCR's new English Arts curricula targeted towards those inmates in Adult Basic Education (ABE) I classes. 13% of all inmates, many of whom are lower level learners, score between 0.0 (no score) and 3.9 grade level on their Test of Adult Basic Education (TABE), placing them into ABE I classes. Reading Horizons' prescriptive approach will be used to help these students and English Language Learners to read at higher levels.

Currently, 48% of CDCR's adult inmate population scores below a 9<sup>th</sup> grade level (GED target for reading and writing). In September, 520 teachers and academic supervisors will undergo training in English Arts – reading and writing – which is designed to bring all inmate students in adult institutions to a GED level. The curriculum being supplied by New Readers Press is aligned to Proliteracy, the world's largest organization of adult basic education and literacy programs. Teacher training will be conducted by New Readers Press.





DRP, DAPO and Enterprise Information Services have completed the initial launch of 18 Automated Rehabilitation Catalog and Information Discovery (ARCAID) kiosks to help parolees search and locate a wide range of available resources. The kiosks have been installed at 18 select parole offices throughout the state: Antelope Valley, Bakersfield, Chula Vista, El Monte, Fresno, LA Central, Oakland, Orange-Anaheim, Richmond, Riverside, Sacramento, Salinas, San Bernardino, San Francisco, San Jose, Santa Ana, Stockton, and Van Nuys.

DAPO field agents and dozens of contracted service providers from the San Diego area attended the second ARCAID launch event on July 1, 2014, at the Chula Vista parole office.



DRP Associate Director Robert Downs presents the ARCAID benefits at the Chula Vista launch event.

Within the first month of installation the kiosks have provided hundreds of parolees with access to rehabilitative opportunities. The majority of parolees surveyed during ARCAID's first month of operations indicated the machines were either "easy" or "very easy" to use.

Please contact Bryan Yong, Liaison, bryan.yong@cdcr.ca.gov

Rehabilitation

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# loda DIVISION OF REHABILITATIVE PROGRAMS

# **Computer Literacy Learning** Centers (CLLC):

DRP funds a growing

evidence-based Community and Reentry Services throughout California to help offenders transform their lives and successfully reintegrate into society:

network of focused

Certified teachers provide computer-based courses for basic reading, writing and math

# Day Reporting Centers (DRC) and **Community Based Coalition (CBC):**

"One Stop Shops" address parolee's needs through assessment and placement in classes and support services. Education, life skills, financial and employment training, substance abuse and counseling. Some transition housing available

# **Female Offender Treatment and Employment Program (FOTEP):**

Gender-responsive residential treatment services for women and their children

#### **Parolee Service Centers (PSC):**

Residential programs provide group and family reunification, life, employment skills

# **Residential Multi-Service Centers** (RMSC):

Housing, substance abuse treatment and independent living skills to help at-risk parolees transition back into the community

# **Specialized Treatment for Optimized Programming (STOP):**

Comprehensive residential and outpatient programs and services supporting parolees needs for housing, substance abuse treatment, cognitive behavioral intervention, employment, education, family relations and community referrals

# **Substance Abuse Services Coordination Agencies (SASCA):**

Community-based residential and outpatient sober-living treatment facilities promote pro-social behavior that reduces potential for relapse or recidivism

# **Substance Abuse Treatment and Recovery Program (STAR):**

Certified instructors provide substance abuse treatment education in select parole offices

# **Meet Offender Services Leadership**

Driving inmate and parolee success through evidence-based programs and services

at key stages of their progress: In-Prison Programs range of institutions: High Desert State Prison, for inmates, and Community and Reentry Services California Correctional Center, Mule Creek State for parolees. The Offender Services leadership is Prison, R.A. McGee Correctional Training Center, collaborating with CDCR partners to ensure the California State Prison-Solano, Deuel Vocational availability of appropriate evidence-based programs Institution, and various units at HQ. She began her and services to eligible inmates and parolees:

Kevin Wortell (above middle) is the Associate Director, Office of Offender Services. Prior to October 2013, Mr. Wortell worked for the Department of Health Care Services (DHCS) managing primary criminal justice related programs in the Substance Use Disorder Compliance Division, and in the Office of Applied Research and Analysis. Before that, Mr. Wortell worked at CDCR from 1999-2008 in the Division of Adult Parole Operations in several capacities.

I am excited about the opportunities to strengthen our collaborative efforts with internal and external stakeholders, especially our contracted providers, in an effort to enhance our existing service delivery systems in-prison and in the community. Kevin Wortell, Associate Director, DRP

Kelly Medina (above left) is the Chief (A) for DRP's In-Prison programs, leading the implementation of Reentry Hubs and Multi-and-Single-Level Substance Abuse Treatment programs throughout the state. Chief Medina was previously a Captain serving as the Special Assistant to the Deputy Director -Facility Operations in the Division of Adult Institutions. She has held a wide variety of positions ranging from Correctional Officer to Captain and

Offender Services focuses on the needs of offenders Correctional Counselor (CC) I-III in an equally broad correctional career as a Correctional Officer with the Solano County Sheriff's Department.

> In-Prison programs include comprehensive pre-release programs and services for inmates including Cognitive Behavioral Treatment; Substance Treatment: Transitions employment readiness and financial literacy; and the California Identification Card program.

> Amber Barnett (above right) is the new Chief over Community and Reentry Services (CRS) for DRP. Ms. Barnett's appointment includes leadership, statewide policy development, program design, planning, contract compliance and evaluation of community centered rehabilitative services. Prior to joining DRP, she served as the Statewide Opioid Treatment Authority for the State of California under the Department of Health Care Services (DHCS). Ms. Barnett's background over the past 10 years includes her work at DHCS in Criminal Justice Program Planning and Oversight; Substance Use Disorder Prevention and Treatment Program Policy, Design, and Evaluation; Program Compliance and Monitoring, Licensure and Certification; Medi-Cal and Drug Medi-Cal.

> CRS develops, implements and manages contracted programming and services helping offenders reintegrate successfully into society upon release.



# **Update**



# **Adult Institutions with Substance Abuse Treatment and Reentry Hub Facilities**

